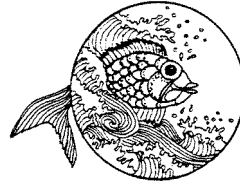


Focusing & listening



Workshop Programme for 2008

see reverse side for information about each workshop ▶

❖ introductory weekends...

Workshop 1 ~ *The Art of Focusing*

26/27th January ♦ 31st May/1st June ♦ 18/19th October

❖ 'Focusing Skills' series for BFTA certificate...

Workshop 2 ~ *The Art of Listening*

Workshop 3 ~ *Experiencing & The Body*

Workshop 4 ~ *Criticism & Creativity*

Workshop 5 ~ *Intuition & The Implicit*

	<u>2007-8</u>	<u>2008</u>
Workshop 2 ▶	27/28th October 2007	12/13th July
Workshop 3 ▶	8/9th December 2007	13/14th September
Workshop 4 ▶	16/17th February	1st/2nd November
Workshop 5 ▶	12/13th April	13/14th December

❖ for experienced focusers...

Focusing & Dreams ♦ 1st/2nd March

Adventures in Thinking ♦ 26/27th April

Let Your Body Make Your Mind Up ♦ 28/29th June

Focusing in Helping Relationships ♦ 4/5th October

Focusing & The World ♦ 22nd/23rd November

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- times ▶** workshops are from 9.45 am to 5.30 pm on Saturday, and from 9.45 am to 5 pm on Sunday
venue ▶ either at the address below or at another venue in Clapham, both are close to the tube
cost ▶ each workshop is £125, reduced to £105 if booked 2 or more weeks in advance ~ the 'Focusing Skills' workshops are £95 each if you book the series of 4 weekends in advance
booking ▶ please write in good time with your name, address, phone number, and any relevant and brief personal details, enclosing a cheque for a deposit of £25 per workshop or the full fee (payable to *Peter Afford*)
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IN-DEPTH BFTA CERTIFICATE & FOCUSING INSTITUTE COURSES

Practitioner Programme ♦ Teacher Training ♦ Institute Trainer certification ♦ *please ask for details*

ONE TO ONE SESSIONS

focusing ♦ focusing-oriented therapy ♦ focusing-based decision-making ♦ *please phone to discuss*

Peter Afford

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