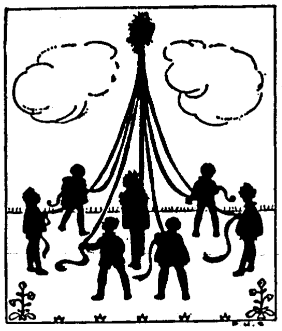
AN INVITATION TO JOIN

The London Focusing Circle



The Circle is a network of Focusing people in the London area that helps individuals to find Focusing partners and groups. Members receive an updated directory of members and a bulletin of Focusing groups and other announcements by email at least once a year.

In order to join, you must have completed at least my introductory weekend workshop, or an equivalent course with another experienced Focusing teacher. And I recommend that you do further workshops on Focusing, listening and guiding (or 'companioning') skills if you intend to practice Focusing in a partnership or attend a group.

To join, simply detach the form below and post it back to me, or email me the information.

Peter Afford

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✂ -

yes, I too wish to participate in the London Focusing Circle!

name ________________________________

address *please include your general area of London and your postcode*

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email ________________________________

phone ________________________ *one number only please*

are you interested in Focusing on the phone or online? yes no

if you have not learnt Focusing & Listening with myself, with whom have you studied?

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today's date ________________________