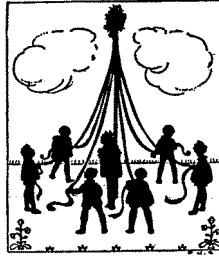


AN INVITATION TO JOIN

The London Focusing Circle



The Circle is a network of Focusing people in the London area that helps individuals to find Focusing partners and groups. Members receive an updated directory of members and a bulletin of Focusing groups and other announcements every six months, either by email or by post.

It costs just £5 to join the Circle, and you can remain a member for as long as you like – there are no renewal fees. In order to join, you must have completed at least my introductory weekend workshop, or an equivalent course with another experienced Focusing teacher. And I recommend that you do further workshops on Focusing, listening and guiding (or ‘companioning’) skills if you intend to practice Focusing in a partnership or attend a group.

To join, simply detach the form below and post it back to me with your cheque (payable to myself), or email the information and ask me for my bank details:

Peter Afford

8 Rudloe Road, Clapham, London SW12 0DS ♦ 020 8673 1860 ♦ peter@focusing.co.uk



yes, I too wish to participate in the London Focusing Circle!

name _____

address *please include your general area of London & your postcode*

email _____

phone _____ *one number only please*

do you want to receive the directory and bulletin by email or by post? email post

are you interested in Focusing on the phone or by Skype? yes no

if you have not learnt Focusing & Listening with myself, with whom have you studied?

today's date _____